



V22 FIT CARD

StrongArm* ErgoSkeleton™ Lift Assist Device



WAIST SIZES

S	Small: 27" - 33"	
М	Medium: 34" - 41"	
L	Large: 42" - 51"	

Make sure that you received the size that fits you. Size label is located in the inside of the Hip Belt.



SPINE COLUMN ADJUSTMENT

Sizing Index Number	Height
0	< 5'4"
1	5'5" - 5'7"
2	5'8" - 5'9"
3	5'10" - 6'0"
4	6'1" - 6'2"
5	6'3" - 6'4"
6	6'5" <



- Adjust your spine column height by matching your height to the sizing index number.
- To adjust the spine column height, Press and hold the red button on the top housing then adjust the size to your number visible in the eyelet hole. Release the red button to lock the column into place.



